

# ARIO H. HOSSEINI, M.D.

• WWW.THEINNERSTUDY.COM • 360.200.8962

• DR.ARIO@THEINNERSTUDY.COM

## EDUCATION/TRAINING

---

<b>University of Louisville Department of Psychiatry / Louisville, KY</b> Resident Physician Academic Track	May 2017
<b>University of Louisville School of Medicine</b> Doctor of Medicine Distinction in Research	May 2013
<b>Vanderbilt University / Nashville, TN</b> Bachelor of Arts Graduated Cum Laude Major: Neuroscience with Honors Minor: Spanish	May 2009
<b>Woodberry Forest School / Woodberry Forest, VA</b> Diploma Graduated Magna Cum Laude	May 2005

## HONORS & AWARDS

---

<b>University of Louisville Department of Psychiatry</b> Harvey St. Clair Psychodynamic Psychotherapy Fund \$1000 Travel Grant for International Study	May 2017
PGY-3 Outpatient Psychiatry Award – For Stewardship and Quality Patient Care	June 2016
<b>University of Louisville School of Medicine</b> Academic Honors: Spring 2011, Fall 2011 Medical Degree with Distinction in Research	June 2013
<b>Vanderbilt University</b> Honors Designation in Neuroscience Dean's List – Spring 2006, Fall 2006, Spring 2007, Spring 2008, Fall 2008 Alpha Lambda Delta, Phi Eta Sigma Bernard Fensterwald Memorial Scholarship – 2007-2008, 2008-2009	May 2009
<b>Woodberry Forest School</b> Parker Strings Memorial Cup Admissions Cup	May 2005

## LICENSE/CERTIFICATION

---

<b>American Board of Psychiatry and Neurology</b> Diploma Certification - No. 72818	September 2017 - Present
<b>Washington State Department of Health</b> Medical License - No. MD61053828	May 2020 - Present
<b>Kentucky Board of Medical Licensure</b> Medical License - No. 49868	March 2017 – February 2023

**Medical Board of California**  
Medical License - No. A168012

February 2020 – December 2022

**Commonwealth of Pennsylvania Department of State**  
Medical License - No. MD461709

July 2017 – December 2018

## **CLINICAL EXPERIENCE**

---

### **The Mental Health Center at Hoag Hospital**

March 2020 – November 2021

*Staff (Tele)Psychiatrist / Newport Beach, CA*

- Telehealth coverage of multiple clinical sites providing outpatient clinical management of primarily monolingual Spanish-speaking, underserved, and indigent populations.

### **St. Jude Community Health Centers and Affiliates**

March 2020 – October 2020

*Staff (Tele)Psychiatrist / Fullerton, CA*

- Telehealth coverage of multiple clinical sites providing outpatient clinical management of primarily monolingual Spanish-speaking, underserved, and indigent populations.

### **Kentucky Correctional Psychiatric Center**

September 2018 – February 2020

*Staff Psychiatrist / LaGrange, KY*

- Intake assessments of new patients – obtaining full history and physical, determination of inpatient service needs and any acute pharmacological interventions as needed. This maximum security facility provides pre-trial forensic evaluations to determine mentally ill individuals' competency to stand trial and provides inpatient treatment for individuals convicted of felony offenses who are transferred from other institutions within the Kentucky Corrections Cabinet.

### **Lower Merion Counseling and Mobile Services**

July 2017 – April 2018

*Staff Psychiatrist (Locum tenens) / Bryn Mawr, PA*

- Outpatient medication management in a community-based mental health clinic undergoing significant organizational and operational changes. In addition to full-time pharmacological management, spearheaded establishment of morning rounds for physicians and therapists to facilitate more holistic care, establishment of bi-weekly provider meetings for quality improvements in clinical and administrative care, as well as drafting, review, and finalization of new clinical no-show, lateness, and controlled substance prescription policies.

### **University of Louisville Department of Psychiatry**

July 2013 – June 2017

*Resident Physician / Louisville, KY*

- Clinical service rotations through UofL Hospital inpatient psychiatric unit, consult/liaison service, and Emergency Psychiatric Services (EPS), UofL Healthcare Outpatient Center (HCOC) including telepsychiatry services, Louisville VA Medical Center, Norton Hospital inpatient adult and child/adolescent units and consult/liaison service, Centerstone Community Mental Health Services (Formerly Seven Counties Services), Central State Hospital, The Brook Hospital (KMI)

### **Central State Hospital**

February 2016 – April 2017

*House Officer on Duty (Moonlighting) / Louisville, KY*

- Independent physician in-house call coverage, evaluations, and intakes at 192-bed adult psychiatric hospital.

## **ACADEMICS/RESEARCH**

---

### **University of Oslo Institute of Clinical Medicine**

May 2017

*Independent Study Abroad: Psychotherapy Research – Transference Interpretations*

- Principal Investigator: Per Høglend, Professor Emeritus, Adult Psychiatry

### **International Journal of Cognitive Therapy**

January - March 2016

*Peer Manuscript Reviewer*

**University of Louisville School of Medicine Department of Psychiatry and Behavioral Sciences** June 2010 - 2013

*Distinction in Research (DIR): Qualitative and quantitative analyses of the presence of cavum septum pellucidum in autism and comparison patients.*

- Principal Investigator / Mentor: Manuel F. Casanova, M.D., Professor, Gottfried and Gisela Kolb Endowed Chair in Psychiatry, Vice Chair for Research

**University of Kentucky Spinal Cord and Brain Injury Research Center (SCoBIRC)** May - August 2007-2012

*Somatosensory system disruption and rehabilitation after diffuse brain injury in rats and mice due to fluid percussion. Quantification of behavioral responses from whisker stimulation and development of behavioral criteria for neurological severity score of brain injuries.*

*Discovery and characterization of the “Fencing Response” as an indicator of mild versus moderate traumatic brain injury severity developed from YouTube video study compared with diffuse fluid percussion injury in rat models.*

- Published educational YouTube video with over 1.3 million views as of 1/2022.
- Fencing Response incorporated into new NFL Concussion Protocol as of 12/11/2017.
- Principal Investigator: Jonathan Lifshitz, Ph.D., Assistant Professor

**Vanderbilt Medical Center (Honors Research)** 2007-2009 Academic Years

*Ascorbic Acid (Vitamin C) and its functions as a potential cognitive enhancing agent in mouse models of Alzheimer’s Disease.*

- Principal Investigator: James May, M.D., and Postdoctoral Fellow: Fiona Harrison, Ph.D.

**Vanderbilt Murine Neurobehavioral Lab (MNL)** 2006-2007 Academic Year

*Determination of degree of aversion in mice through measured corticosterone levels in blood after testing with Barnes maze versus testing with Morris water maze. Examination of effects of stress on learning in various maze tests through measured hippocampal neurogenesis.*

- Principal Investigator: Michael P. McDonald, Ph.D. and Postdoctoral Fellow: Fiona Harrison, Ph.D.

## **PUBLICATIONS**

Beitchman, JA, Burg BA, Sabb DM, Hosseini AH, & Lifshitz J. The pentagram of concussion: an observational analysis that describes five overt indicators of head trauma. *BMC Sports Science, Medicine and Rehabilitation*. 2022 March; 14 (39).

Wenzel, A., Hosseini, A., & Wright, J. (2017). *Combination Therapy* (The SAGE encyclopedia of abnormal and clinical psychology). Los Angeles: SAGE Reference.

Harrison FE, Hosseini AH, Dawes SM, Weaver S, May JM. Ascorbic acid attenuates scopolamine-induced spatial learning deficits in the water maze. *Behavioural Brain Research*. 2009 Dec 28; 205(2):550-8. Epub 2009 Aug 22.

Hosseini Ario H, and Lifshitz, Jonathan. The Fencing Response as an Indicator of Mild Versus Moderate Traumatic Brain Injury Severity. *Medicine & Science in Sport & Exercise*. 2009 Sep; 41(9):1687-97.

Harrison FE, Hosseini AH, McDonald MP, & May JM. Vitamin C reduces spatial learning deficits in middle-aged and very old APP/PSEN1 transgenic and wild-type mice. *Pharmacology Biochemistry and Behavior* 2009 Oct; 93(4):443-50. Epub 2009 Jun 17.

Harrison FE, Hosseini AH, McDonald MP. Endogenous anxiety and stress responses in water maze and Barnes maze spatial memory tasks. *Behavioural Brain Research* 2009 Mar 2; 198(1):247-51. Epub 2008 Oct 18.

## **PRESENTATIONS**

**168<sup>th</sup> American Psychiatric Association Annual Meeting, Toronto, CA**

May 16, 2015

“Cognitive-Behavior Therapy for Mood and Anxiety Disorders: Case Conference”  
Speaker, with Jesse Wright, M.D.